

The Mayor's Office of Constituent Services  
**Wilmington Aging Advisory Council**

**Events for Older American Month**  
**May 2009**

<p><b>EVERY FRIDAY IN MAY</b>  <u>Yoga Class</u>            11 a.m. – Noon            St. Anthony's Senior Center            1703 West 10<sup>th</sup> Street  <b>421-3735</b></p> <p><b>EVERY TUESDAY/THURSDAY IN MAY</b>  <u>Evening Exercise Class</u>            6 p.m. – 8 p.m.            St. Anthony's Senior Center            1703 West 10<sup>th</sup> Street  <b>421-3735</b></p> <p><b>FRIDAY, MAY 1</b>  <u>Art Exhibit and Older Americans Month Ceremony</u>            (sponsored by the Wilmington Aging Advisory Council and the Office of Cultural Affairs)            5:30 – 8 p.m.            The Redding Gallery at the Louis L. Redding Building            800 North French Street</p> <p><b>MONDAY, MAY 4</b>  <u>Brandywine Pops Orchestra</u>  <u>Peter McCarthy, Director</u>            7 p.m.            Downs Cultural Center            1005 North Franklin Street  <b>RSVP: Alfreda Clinton</b>  <b>575-0250 x2244</b></p> <p><b>MONDAY, MAY 4</b>  <u>Bocce Ball Play</u>            9:30 a.m.            (continues every Monday and Friday through the Fall)            Fraim Center for Active Adults            669 South Union Street  <b>RSVP: Mary Ellen Luise, 658-8420</b></p> <p><b>MONDAY, MAY 4 AND TUESDAY, MAY 5</b>  <u>Defensive Driving Class by AARP (Standard Course)</u>            9 a.m. – 1 p.m.            AARP Members – \$12            Non-AARP Member – \$14            Fraim Center for Active Adults            669 South Union Street  <b>RSVP: Mary Ellen Luise, 658-8420</b></p> <p><b>THURSDAY, MAY 7</b>  <u>"All About Us – A Musical Review of Aging"</u>            presented by the Academy of Lifelong Learning            2 p.m.  <b>RSVP: Alfreda Clinton</b>  <b>575-0250 x2244</b></p>	<p><b>SATURDAY, MAY 9</b>  <u>Local Area History Presentation</u>  <u>Mother's Day Fund Raiser for Claymore Center</u>            Noon – 3:30 p.m.            Colonial Tea Room            317 South Du Pont Road  <b>RSVP: Claymore Center, 428-3170</b></p> <p><b>WEDNESDAY, MAY 13</b>  <u>Washington, D.C. Bus Trip</u>            (sponsored by the Wilmington Aging Advisory Council)            8:30 a.m. – 4:30 p.m.            World War II Memorial            Korean War Memorial            Vietnam War Memorial            \$30 (includes Box Lunch)  <b>RSVP: Debbie Dalecki</b>  <b>575-0250 x2242</b>  <b>Ingleside Homes Inc.</b>  <b>Deadline: Sign Up/Pay is April 30</b></p> <p><b>WEDNESDAY, MAY 13</b>  <u>Classical Afternoon</u>  <u>Hiroko Yamazaki &amp; Meredith Amado</u>            2 p.m.            Downs Cultural Center            Ingleside Retirement Apartments            1005 North Franklin Street  <b>RSVP: Alfreda Clinton</b>  <b>575-0250 x2244</b></p> <p><b>MONDAY, MAY 18</b>  <u>"Save Youth Breath &amp; Conserve Your Energy – Living with COPD"</u>            (presented by Fox Rehabilitation)            2 p.m.            Downs Cultural Center            Ingleside Retirement Apartments            1005 North Franklin Street  <b>RSVP: Alfreda Clinton</b>  <b>575-0250 x2244</b></p> <p><b>MONDAY, MAY 18</b>  <u>Reception</u>            (sponsored by the Mayor's Committee on People with Disabilities)            5:30 – 7:30 p.m.            The Redding Gallery at the Louis L. Redding Building            800 North French Street  <b>RSVP: Deborah Boone, 576-3100</b></p>	<p><b>THURSDAY, MAY 21</b>  <u>Piano Improvisations by Joe Holt</u>            2:00 p.m.            Downs Cultural Center            Ingleside Retirement Apartments            1005 North Franklin Street  <b>RSVP: Alfreda Clinton</b>  <b>575-0250 x2244</b></p> <p><b>FRIDAY, MAY 22</b>  <u>Spring Bazaar</u>            11 a.m. – 2 p.m.            West Center City Adult Center  <b>RSVP: Willie F. Tymes, 658-5332</b></p> <p><b>TUESDAY, MAY 26</b>  <u>"Nothing But Treble"</u>  <u>Love Through the Ages</u>  <u>Pam Finkelman, Director</u>            7 p.m.            Downs Cultural Center            Ingleside Retirement Apartments            1005 North Franklin Street  <b>RSVP: Alfreda Clinton</b>  <b>575-0250 x2244</b></p> <p><b>WEDNESDAY, MAY 27</b>  <u>Senior Health &amp; Fitness Picnic</u>            (sponsored by the Department of Parks and Recreation)            10 a.m. – 2 p.m.            Christina Park            4<sup>th</sup> and Church Streets  <b>RSVP: Carolyn Peak, 576-3810</b></p> <p><b>WEDNESDAY, MAY 27</b>  <u>National Senior Fitness Day Games</u>            8 a.m. – Noon            Fraim Center for Active Adults            669 South Union Street  <b>RSVP: Mary Ellen Luise, 658-8420</b></p> <p><b>THURSDAY, MAY 28</b>  <u>Free Health Screenings</u>            by Fox Rehabilitation            11 a.m. – 1 p.m.            St. Anthony's Senior Center            1703 West 10<sup>th</sup> Street  <b>421-3735</b></p> <p><b>FRIDAY, MAY 29</b>  <u>"Our Brightest Stars" Senior Prom</u>            (sponsored by the Wilmington Aging Advisory Council)            6:30 – 9:30 p.m.            Ingleside Retirement Apartments            1005 North Franklin Street  <b>RSVP: Minerva Marrero, City of Wilmington, 576-2489</b>  <b>Deadline to request tickets is May 15</b></p>
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